



Spangdahlem Complex Schools

06 August 2025

Dear Sponsors/Parents,

Fall is here and winter is just around the corner. This also means the cold and flu season is soon upon us. Medical officials are already reporting cases of the flu among the military footprint and DoDEA students. Encouraging students to get enough sleep, regular exercise, making good food choices, and drinking plenty of water is very beneficial in the support of overall health. However, according to the Centers for Disease Control & Prevention (CDC), vaccination is the best way to protect your child from getting the flu.

As a reminder, DoDEA requires the influenza vaccination every school year. The deadline for the influenza vaccination is **December 1, 2025**, even if your student has already been diagnosed with the flu, there are other influenza strains that may infect them causing an illness.

For more information on influenza and the vaccine you can go to the CDC's website [Influenza \(Flu\)](#).

Spangdahlem Complex School Nurse POCs			
School	Nurse	Email	Phone
Elementary	Ms. Andrea Fleetwood	andrea.fleetwood@dodea.edu	452-6881
Middle	Ms. Shannon Burrous	shannon.burrous@dodea.edu	452-5013
High	Mr. Josia Onyango	josia.onyango@dodea.edu	452-4469

Once your student receives the influenza vaccination, be sure to provide a copy of the record to the school. If documentation is not received by December 1, 2024, there may be a risk the student may not attend school until the documentation is provided. The health and safety of our students, staff and community is our top priority.

Thank you for your continued support and partnership,

Monika Kerner
 Monika Kerner
 Principal
 Spangdahlem ES

Stefanie Adams
 Stefanie Adams
 Principal
 Spangdahlem MS

Tyais Dial
 Tyais Dial
 Principal
 Spangdahlem HS